

Singapore & Malaysia

STREET ART

CULTURE

MUST SEE



YOUR BACKPACK ROAD TRIP

16 days / 14 nights

Walk around the futurist city of Singapore and visit the colorful places of Malaysia from Malacca to Penang Island. Let yourself be dazzle by amazing street art, wonderful temples and other must see places.

Our Agency

The **Backpack Challenge** is an online travel agency that sells travel for women who are alone and like travelling with a backpack or want to do a road trip in a safe way. All our destinations are located in South East Asia.

Solo travel isn't as dangerous and complicated as most people think but some people need to be accompanied for their first time, that's why we created our agency. We want to show that the world is teeming with beautiful and safe places to travel alone for females and give her the possibility to live an unforgettable adventure whatever their travel experience.



Our Product

This trip is a combined destination trip from Singapore to Malaysia. It's a cultural journey to visit the main places in both destinations.

The journey will start in Singapore with 3 days of visits and then our travelers will take a bus to reach Malacca in Malaysia and start the road trip in this country until Penang Island in the North. The total duration of the trip is 16 days. Our travelers will be in a group of 8 women (from 20 to 30 year old) and they will sleep in hostels, guest houses or homestays.

These destinations are suitable for backpacker as many countries in South East Asia. We choose to propose Singapore and Malaysia because they are less known for a first travel with a backpack and they are safe. Singapore is a cosmopolitan city and a good beginning for a first trip in Asia. The Lion city is very different from other Asian capitals because it is more developed, clean and regulated.

Our Sustainable engagements



HIGHLIGHTED WITH THE LEAF
INSIDE THE PROGRAM

- Before the departure, we will give to our travelers a **sustainable pack** with composed by:
a reusable bottle, a bamboo straw and a tote bag.



We advise our customers to take these items in their backpack in order to refuse plastic bags and plastic straws which are still used a lot in these countries.

Singapore

In terms of safety and security, the Lion City is on top of the list, as it continues to enjoy one of the lowest crime rates.

Friendly, safe and supremely clean, this Southeast Asian hub enraptures female solo travelers with its incredible shopping opportunities, mouthwatering cuisines, and mash-up of cultures.



Malaysia

Malaysia is a multifaceted country with a mosaic of different cultures, a personal history and a natural potential with its primary forest and its beautiful coast.

All you have to do is to explore its cities to see all its diversity and let you take around its street to be amazed by its colors.

From Melaka to George Town, Malaysia is full of treasures.





Summary

1. Trip Map

Itinerary day by day

2. Before leaving

What to bring

What to know

3. Accomodations

List of hostels and Guest houses

4. Transport

Detailed about transportation

5. Day by day program

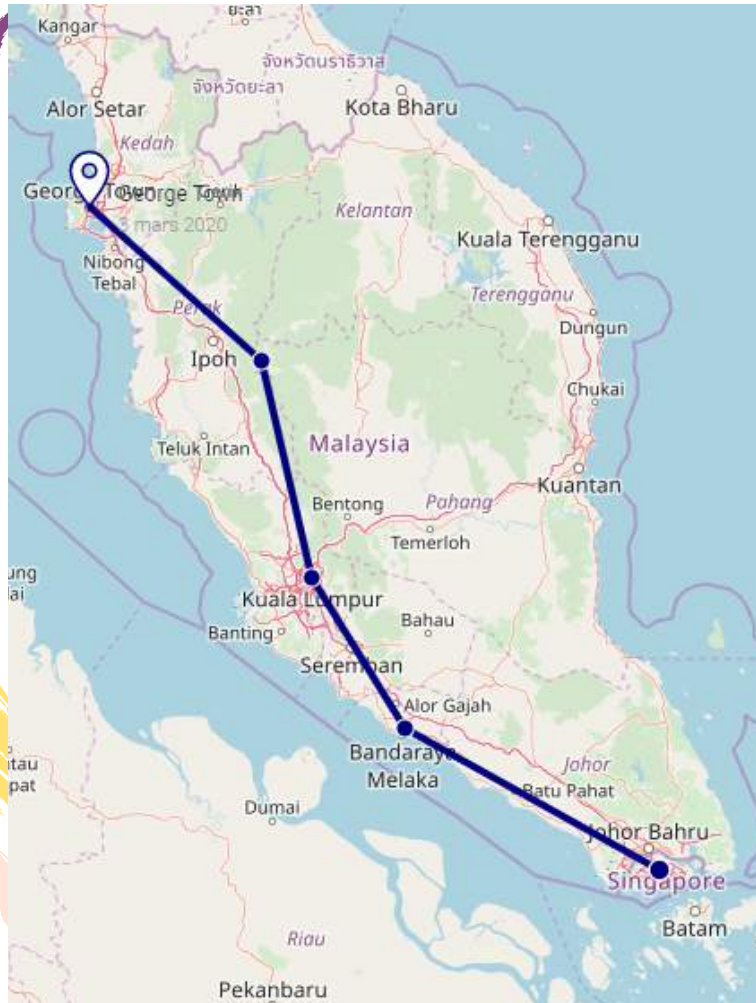
Discover the full program of your trip

6. Price detailed

What did you pay for ?

What is included and not included in the price

Your Journey



Day 1: Departure from Lyon

Day 2: Arrival in Singapore in the evening

Day 3 to 5: Singapore

Day 6 to 7 : Malacca

Day 8 to 10: Kuala Lumpur

Day 11 to 12: Cameron Highlands

Day 13 to 15: Penang Island - George Town

Day 16: Back to France

Before leaving

Formalities: passport valid for 6 months after the return

Best weather: From April to October

What to bring



In Malaysia, it can rain at anytime, but most of the time it's brief and violent. We advise to bring a **rain gear** so you will not interrupt your visits !



Mosquitoes are present day and night in Malaysia, take a **protection spray** and protect your clothes before going outside.



An **adapter** is required to use the electrical outlets.



Buses are very comfortable. Beware, however, of the air conditioning, which is very strong; plan to **cover yourself**.

Good to know



There is a 7 hours **time difference** between Malaysia and France. When it's 12:00 am in France, it's 7 p.m. in Malaysia.



The local **currency** of Malaysia is the Malaysian Ringitt.

1 € = 4.48 RM / 1 RM = 0.22 €

The local currency of Singapore and the Singapore Dollar.

1 € = 1.50 \$ S / 1 \$ S = 0,66 €

In Malaysia or Singapore, **tipping** is not used.



Don't be afraid to eat in **food court** in Malaysia, they are very controlled in terms of hygiene and quality and you can see the quality level with a letter from A to D next to the stall.

Phone and Wifi



Wifi is available in a multitude of places around the country. For example in Singapore, the majority of the territory is meshed with **free wifi hotspots**, even on the streets. Otherwise, almost 90% of restaurants, museums, shopping centers, public transport allow free access to wifi.

However, if you want to be connected 24 hours a day, then buying a **local SIM card** is easy and cheap, a very advantageous option in Malaysia. You just need to buy a SIM card on arrival at any phone store (and even in some 7 / Eleven stores), which can be found everywhere in town and at airports. You are then assigned a local telephone number. One of the main cellular service providers in Malaysia is Maxis and its prepaid service is called Hotlink. The SIM card costs around 2 € and you then pay a small package for Internet and local SMS / Calls (between 5 and 10 € depending on the package).

Applications



The **Grab** application is widely used in Malaysia and Singapore, it is the Asian Uber! Rates are cheaper than taxis. It is possible to book through the app and pay the agreed price in cash or card after the race. <https://www.grab.com/vn/en/download/>

Mapsme: Dowload the map of Singapore and Malaysia before your trip, put a pin when you don't want to miss a place. Then you can use the app without internet at anytime: with Mapsme you will never feel lost !



Transport

International Flight (Option from 450€) :

Departure from Lyon St-Exupéry airport at 6:40 p.m. Allow time for formalities.

Arrival at Changi Airport in Singapore the day after at 5:10 p.m.

Return: Departure from Changi Airport in Singapore on Sunday at 23:55 p.m.

Arrival at Lyon St Exupéry airport on Monday at 10:20 a.m.

This flight is operated by Lufthansa via Frankfurt.

Included:

- **Day 2:** Changi Airport Transfer to your Adler hotel in Singapore is included.
- **Day 16:** Domestic flight from Penang to Singapore is included as well.
Departure at 17h30 and arrival at 19h15 with Jet star (1h45l) 55 SDG

During this trip, we encourage you to use public transport as much as you can. Thanks to the **metro card** we will give you for Singapore, you will easily move in the city because the public transport network is huge (metros and buses).

We choose **local buses companies** to take you from a city to another in order to reduce your carbon footprint as well. All transfers are included. Buses in Malaysia are comfortable, you will have a large seat with USB connexion to charge your phone and sometimes you could get the wifi access.

Day 6

StarMart Express

09:15 Golden Mile Tour, Singapore
3h 50m de bus en VIP 24
13:05 Melaka Sentral, Malacca

Day 11

Unititi Express

08:30 Terminal Bersepadu Selatan Kuala Lumpur
4h 50m de bus en VIP
13:20 Cameron Highlands, Pahang

Day 8

DELIMA

10:00 Melaka Sentral, Malacca
2h 20m de bus en Express
12:20 Terminal Bersepadu Selatan Kuala Lumpur

Day 13

PerakTransit

08:30 Tanah Rata, Pahang
3h 20m de bus en Express
11:50 Sungai Nibong, Penang

Accommodations



Singapore Adler Hostel - China Town

Shared female dorm / 4 nights / with breakfast
Housed within a restored and conserved heritage shophouse, located in the heart of China Town on Temple Street in Singapore.



Malacca D Brug Guest House

Double room / 2 nights
Perfect location in Melaka, within 200 m of Cheng Hoon Teng Temple and 200 m of Jonker Street (night market). You will enjoy a continental breakfast made with love by your host who speak french.



Kuala Lumpur The bed KLCC

Twin room / Breakfast included / 3 nights
Centrally located in Kuala Lumpur commercial district at 750m from the Petronas Twin Towers.



Cameron Highlands Bricks Hostel

Twin room / Breakfast included / 2 nights
Centrally located in Tanah Merah, you will find good restaurants around and motobike rental to ride around the Cameron Highland during your free time there.



Penang Island Kimberley Old House

Twin room / Breakfast included / 2 nights
Your host will give you a warm welcome and help you during your stay to give you the best advices for your visits. You will easily reach the point of interest of George Town think to the good location of the Guest House.



Our accommodations are selected according to sustainable values as local economy developpement and reduced water consuption



Day 1 and 2

Day 1 : Departure from France.

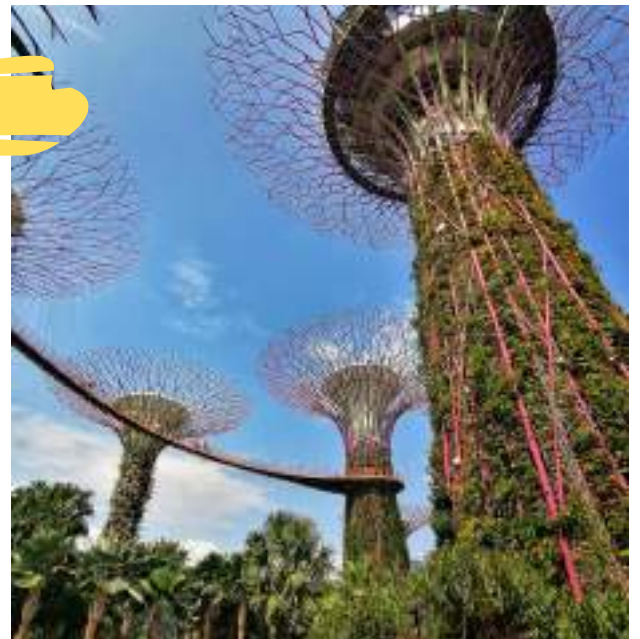
Day 2 : With or without the international flight option you will arrive at Singapore around 5pm (You will travel with a group of 8 women). As soon as you will arrive, we advise you to take your time and have a look at the amazing Jewel waterfall before leaving the airport with the hostel organized shuttle which will waiting for you.

Then, you will check in at the Andler hostel and have a rest.

Day 3

It's time to explore !

Your first destination will be **boat quay** in front of Marina Bay Sand. Walk around to see the iconic **Merlion**, emblem of Singapore. Then take the helix bridge and go to **Garden by the bay** to discover its futuristic forest with the Supertrees. Then, you will enter inside the 2 glass dome (*included*): begin your visit with **Flower Dome** and keep the best for the end with **Cloud Forest** and its wonderful indoor waterfall.



For the lunch, you will find a big hawker centre (food court) inside the mall of Marina Bay. You will get free time during the afternoon so here are some ideas of visit around Marina Bay Sand:

- The **Art Science Museum** with the permanent exhibition of FUTURE WORLD where art Meets science.
- **Singapore Flyer**: A 165-meter-high observation wheel. You will fly almost 42 stores high while on this fascinating ride to enjoy a 360 degree panoramic views of the city.
- **Clarke quay**: located on the mouth of Singapore River just behind the Merlion. It is the riverside quays which have many restaurants and nightclubs to enjoy the nightlife of Singapore.

Free evening - Night in Adler Hostel



Day 4

Keep your cameras ready for unexpected sights !

Stroll through the alleys of the different districts and soak up the different atmosphere that reigns in each area. Today you can choose the order of your visits and organized your time in terms of what you want to eat for lunch!

- **Little India** : See One of the oldest Hindu temples in Singapore, the Sri Veeramakaliamman Temple and continue your visit until The House of Tan Teng Niah. This is one of the last surviving Chinese villas in a largely Indian enclave. The house was originally white and green, but today it is painted with many colours wich were added in more recent times.

If you need to buy something, you will probably find it in Mustafa Centre, the favorite Insomniac's place. This huge supermarket is open 24 hours a day and has over 300,000 items stocked over four floors and at cheaper prices.

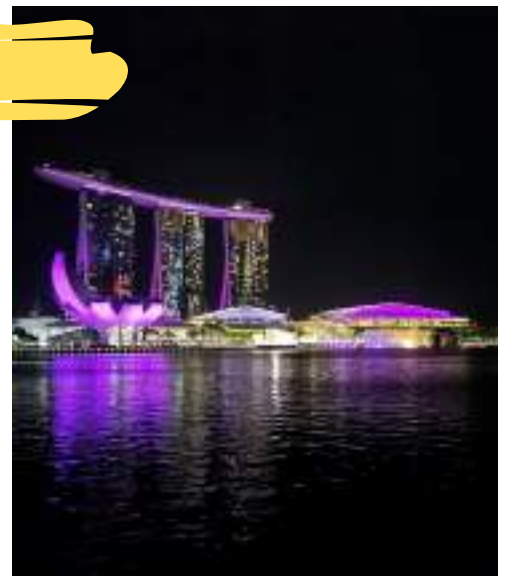
- **China Town**: The impressive Buddha Tooth Relic Temple is proudly waiting for you ! Its traditional Tang-style design with its red lacquered walls is a colourful addition to the architecture in diverse Chinatown. As its name suggests, the temple houses the sacred Buddha tooth relic. The temple is a museum as well.
- The Muslim district of **Kampong Glam**: here you will find mosques, carpet shops, and Middle Eastern cuisine and cocktail bars in Haji Lane where the atmosphere is good at night to have a drink with your new friends.

By the end of the day, go to the **Cé la vie Bar** at the top of Marina Bay Sand to enjoy the sunset view. We suggest you to try the coktail Singapore Sling, a famous singaporian cocktail made with gin and cherry liqueur.

Day 5

Enjoy your free time for your last day in Singapore ! Go to the **Mont Faber**, standing at 106 m above the sea level and admire the view of the city and **Sentosa Island**. Then you can take the cable car to rejoin Sentosa where you can find a lot of leisure activities.

If you prefer to make a free visit, you can go to **Haw park villa**, a theme park built in 1937 dedicated to the chinese culture (located along pasir panjang road)



Free evening - Night at Adler Hostel

Day 6

Departure for **Malacca** at 9:15 am from the Golden Mile Tower, Singapore (you must arrive 30min before your departure).

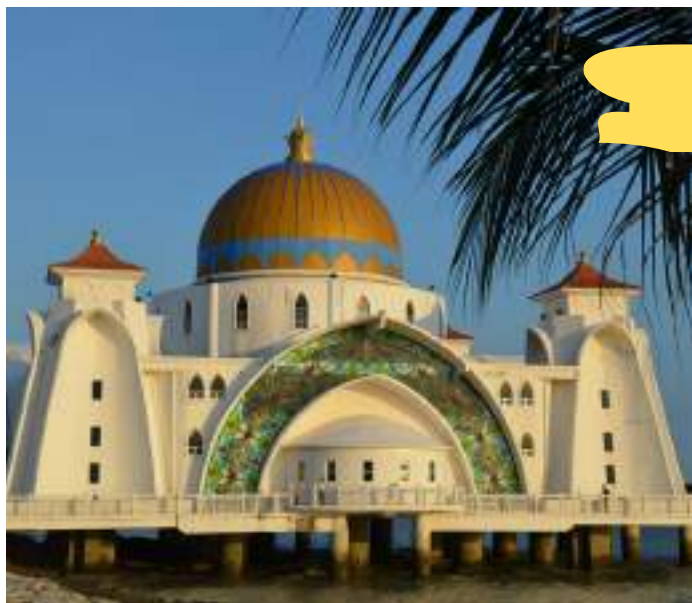
You will arrive in Malacca at 1:05pm and take a grab to check-in at the *D Brug Guest House*. Malacca is a charming old city listed as World Heritage by Unesco, where it is good to walk around the streets of the city and its river. After the lunch, you will visit **Chinatown**, which is the most charming district of Malacca.



You will discover the **Cheng Hoon Teng Temple** is one of the most worthy landmarks in Malacca. Then, you will reach **Christ church**, an recognizable brick red church with a huge white cross at the top and enjoy a drink along the quays.

By the end of the day you will take a boat trip with the **Malacca river cruise** for the sunset and observe pretty street arts on the quay. Finally, you will be able to enjoy the Night Market of Jonker Street.

Night at D Brug Hostel



Day 7

Free day visit

We propose you to rent some bicycle (*included*) next to the Guesthouse and ride along the river quay to enjoy again the street art you saw the day before during the cruise. You will go until the **Villa Sentosa** (free entrance), an old typical house which is a museum. Then you will able to ride to the Malacca strait Mosque, a wonderful mosque floating on the sea.

In the afternoon, if you have already seen everything in the city, you can go (by Taxi or Grab) about twenty km northeast of Malacca to visit the Taman Mini Malaysia and Mini Asean, a theme park which offers a reconstruction on the scale of the traditional habitat of each states of the country.

Night at D Brug Hostel

Day 8



Departure from Malacca at 10:00am, arrival in Kuala Lumpur around 12:20 (you must arrive 30min before your departure).

After your check in and a good lunch in **Jalan Alor street** you will wander in search of the beautiful Street Art and colorful street. Next to this area, you will find **Bukit Bintang** the "time square" of KL with a lot of shops.

Then, you will walk until the **KLCC park** to get a nice view on the exceptional **Petronas Tower** and you will go at the top to enjoy the sunset (ticket to the top included).

Night at The bed KLCC

Day 9

Today, you are going to discover 3 amazing religious monuments of 3 different religion.
(free entrances - Autonomy ride and visit)

Let's start with the famous and unmissable **Batu Cave**, its monumental statue of Hindu Deity Lord Murugan and its 272 colorful stair. It's better to go there early in the morning to get the place for you because this temple is very frequented.

Then, you will go to the imposing **Federal Mosque**. To visit the mosque you will have to respect the rules of dress while visiting. Robes are available, and you have to remove shoes before entering the building. You can walk around the building and there is also free guided visit to discover its history.

Last but not least, the **Thean Hou Chinese Temple**, a wonderful and modern Buddhist pagoda will amazed you with its hundreds of red lanterns.

Night at The bed KLCC





Day 10



During your visit in the capital, you will have the opportunity to take a Food Tour (included). During 3 hours and half (between 11 a.m. and 2:30 p.m.), you will explore (by walk) the alleys of Kuala Lumpur and its suburbs, while tasting local specialties.

An original way to visit the city!



- Don't forget your bamboo straw !
- Don't take too much food if you are not going to eat all of it.

One of the best ways to discover a new culture is by testing its food. Your friendly local guide will take you to one of the best markets in Kuala Lumpur where you'll taste incredible snacks and meals, hear stories about the city and its origins, drink local juice or coffee.

- See local demonstrations such as torched chickens and coconut-milk process
- Enjoy delicious Malay cuisine such as the nasi lemak, murtabak (curry) or their famous blue rice.
- Enjoy some Chinese delights such as curry noodles, Hainanese chicken rice, fried kway teow and home made soya milk or herbal tea.

This is the perfect tour to learn more about the city of Kuala Lumpur and pick up some nifty cooking tips and unique gifts at the central Market to take home with you too!



Nasi Lemak

rice dish cooked in coconut milk and pandan leaf

Malaysian flatbread with egg, onion and meat filling

Murtabak



Putu Piring

Cake made with rice flour, filled with ground peanuts and Sugar, or shredded coconut

Meeting Point: **KLCC LRT Station (BASEMENT)** - in front of the H&M store

Night at The bed KLCC

Day 11

Departure from KL at 8:30 - Arrival in Tanah Rata at 1:30 pm. Your Hostel is located at 10 min walk from the bus station.

Check-in and Lunch

If you feel comfortable riding a motobike, you can rent one in front of the hostel for a cheap price and enjoy your ride to see the **tea plantations**. Make a stop in a **Strawberry Farm**, to drink a tasty strawberry milkshake. You can also take taxi, bus there is no shuttle bus around the area.

Night at Bricks hostel



Day 12

Your driver will come to pick up you at the hostel at 8:30am. After an hour-long drive towards the rainforest you will arrive at the starting point, and begin your trek for approximately 2-hour. **Are you ready to see the biggest flower of the world?**



Admire the lush forest encompassing flowering plants, bamboo plants, giant wild ginger, medicinal plants and the wonderful and huge Rafflesia Flower.

The **Rafflesia** is a parasitic plant, unique and mysterious, which can be found in Cameron Highland, Borneo and Sumatra. No roots or leaves can be spotted and it gives off a pungent odour when in bloom. The Rafflesia can weigh up to 10kg and grow to over a meter in diameter.

After witnessing the rare flower, you will head towards the **Orang Asli Village** and to discover the native lifestyle of the Semai tribe. The Orang Asli build their houses using only wood, bamboo and palm leaves. They will show you the traditional bamboo huts and you will learn to use a blowpipe, an effective weapon. Sometimes, they will even perform their traditional swing dance to bamboo music.



This tour respect nature and people. You will be accompanied by a local guide. 1€ per person will be reverse to the communities.



For this tour, we recommend you to wear comfortable trekking shoes, insect repellent, and raincoat.

Back around 5pm - Free time - Night at Bricks hostel

Day 13



Departure from Tanah Rata at 8:30 am arrival at 11:50 am in Penang Island (*Go to the bus station 30min before the departure*). Take a grab to rejoin *Kimberley Old House* where you will be warm welcome by your host. She will give you all the tips to visit George Town and eat in the best restaurant near by the guest house.

Since wearing it's UNESCO crown, an amazing street art scene took place in George Town. It started with a government-commissioned exhibition composed by **52 ironwork showpieces** scatter all around the old town and tell the story of city's history and people.

Since then, more artists have been invited to create pieces and today, a lot of tourists, make it their mission to see every piece of street art, what's about you ?

During your visit you will probably go through **Armenian street** and be tempted by all the little stores before arriving at the floating village of **Chew Jetty** where the Chinese clans have lived during the 19 century.

Night at Kimberley old House

Day 14

Visit the beautiful **Kek Lok Sih Temple**, one of the largest and finest temples complexes in Southeast Asia. During your last day in Malaysia you can not miss this unique heritage treasures !

Then you can enjoy your free time to buy your last souvenirs in the city.

Night at Kimberley old House



Day 15 & 16

Flight from Penang to Singapore + Flight from Singapore to France
Arrival in France on the 16th day.

Pricing

| PRICING | |
|---|-----------------|
| TRANSPORT | 80.68 € |
| ACCOMMODATIONS | 196.46 € |
| ACTIVITIES | 100.17 € |
| ASSISTANCE 24H by Chapka Assurance | 60 € |
| HONORARY | 12 % |
| TOTAL PRICE | 489,78 € |
| TOTAL PRICE WITH INTERNATIONAL FLIGHT OPTION | 993.68 € |

Included:

- Domestic Flight from Penang Island to Singapore
- Bus Tickets to go from a city to another (Singapore to Malacca to KL to Cameron Highlands to Penang)
- Singapore metro card with 20 SDG credit
- Transfer from the airport to the first hostel on day 1
- The booking of every hostels and guest house in shared private dorms or double room
- Breakfast is included with every hostel nights
- Detailed program day by day
- **Voucher** for some activities and guided visits included in the program:
Cloud Forest and Flower dome in Singapore, Bike rental and River cruise in Malacca, Food tour in KL, Petronas Tower entrance, Cameron Highland Trek, Kek Lok Si Temple.
- **Cap assistance H24 (With Chapka Assurance)** : It's repatriation insurance and full assistance for stays of less than 90 days abroad. With Cap Assistance, you are covered in the event of problems abroad: loss of luggage, medical expenses, repatriation, loss of identity documents, refund for an interrupted stay ... *Full contract will be send to you*
- **Welcome sustainable pack** (Gift) : one bamboo straw, one tote bag, one reusable bottle

Not included:

- International flight (option)
- Optional visit/excursion
- Tips
- Meals & extra
- Everything that is not mentionned above in the heading "Included"

Enjoy your trip !



BACKPACK CHALLENGE

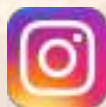
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