



BALI THE NATURAL PLEASURE

Be you, be root, be Bali



WHO IS TCHÈ COCO?



ABOUT US

LOCATED IN FRANCE, TCHÈ COCO IS A INDONESIA AND CARIBBEAN SPECIALIST,

DYNAMIC WITH AN INNOVATIVE SPIRIT! REALIZING YOUR DREAMS IS A PRIORITY FOR US, OUR TEAM OF ENTHUSIASTS IS WORKING EVERY DAY TO FIND THE RARE FUTURE PEARLS THAT WILL MAKE YOUR TRIP TO INDONESIA AND THE CARIBBEAN AND UNFORGETTABLE MOMENT!

TCHÈ COCO IS COMMITTED TO WORKING WITH RESIDENTS WITH FAIR TOURISM, WE ARE ALSO COMMITTED TO OFFSETTING OUR OWN CARBON FOOTPRINT ACHIEVED BY OUR TRAVELLERS. BY LISTENING TO YOU, OUR TRAVEL DESIGNERS WILL PREPARE TAILOR-MADE TOURS IN INDONESIA, PERSONALIZED, ACCORDING TO YOUR DESIRES, IN THE RESPECT OF A SUSTAINABLE AND RESPONSIBLE TOURISM

YOUR TAILOR-MADE CIRCUIT



BALI DISCOVER

A few words about Bali and your stay in general



WHERE AM I GOING TO SLEEP?

A stay without accommodation does not exist. A few words about your atypical accommodation



FOCUS



MY BALI TOUR IN 13 DAYS

Your tour detail day by day



OUR VALUES



PRICES AND CONDITIONS

we will detail what is included or not in the price



CONTACT

Contact us for more informations



**TAKE TIME TO DISCOVER BALI.
BETWEEN RELAXATION AND
DISCOVERY, DON'T HESITATE
AND JOIN US!**

Bali, a paradise island where nature is queen and spirituality omnipresent.

Discover Balinese culture by combining local discoveries and well-being on the Gods island.

An original journey elaborated around Balinese ancestral traditions, which will make discover different environments such as rice fields, villages and the seaside

Zen steps with some massages, treatments or yoga and places of worship such as temples, palaces and sacred springs to allow you to advance on the path of harmony, a balance between body, soul and nature.

WHERE AM I GOING TO SLEEP?



DESA SAYA ECO LUXURY RESORT & SPA IN TEJAKULA.

Your stay will begin at Desa Saya Eco Luxury Resort & Spa. You will spend **5 days 4 nights**. It is located in the remote area of Tejakula, a 1-minute walk from the beach.

Desa Saya's accommodations are decorated with an individual touch of luxury, using custom furniture and natural materials. All exterior and interior elements have been specially ordered to use the **most durable natural elements**.



ECO TREE HOUSE AMED IN AMED

You will stay **4 days and 3 nights** in the Eco Tree House Amed. This accommodation is an **eco-friendly accommodation** because it was built mainly with bamboo. However, its second asset is that it offers these **dwelling in the trees**.



SANDAT GLAMPING TENTS IN UBUD

Glamping, a contraction of glamour and camping, is a type of alternative tourist accommodation close to camping. You will spend **6 days and 5 nights** in this accommodation.

Sandat Glamping Tents offers a unique getaway to Ubud. You will enjoy luxurious tents with private pool and garden in an **eco-designed** architectural setting, surrounded by lush vegetation.

FOCUS

YOGA SESSION

Stressed out? Harmony with the natural elements, and the different aspects of your own existence can be deepened. Our yoga and relaxation sessions will allow you to **reconnect with your inner self**. Yoga will help you reduce stress, improve concentration and much more. **Nidra yoga, Atha yoga** and **Yoga Asanas** will help you rediscover the pleasure of being in tune with your body!

CREATION OF BODY CARE

Feel, touch, create. Taking from yourself is essential, but with adapted and organic products it's even better! Learn how to make your own **cosmetics** using Balinese methods and **100% natural products**.

MASSAGE

From **reflexology** to **traditional Balinese massage** to **soothing warm stone massage** let the expert hands take care of you.



ARRIVAL IN BALI, TRANSFER TO TEJAKULA

You will be welcomed at the exit by your French guide and your **local driver** will take you to your accommodation in Tejakula. Once installed, enjoy a welcome drink and a Balinese massage session in your accommodation.

You will dine at the Desa Saya Eco Luxury Resort & Spa restaurant. It offers fresh and organic cuisine (vegan, vegetarian, vegan), fish dishes and also chicken dishes (unfortunately no red meat)

- Accommodation: Desa Saya Eco Luxury Resort & Spa
- Step: Tejakula

Day 2

LEARN TO COOK BALINESE

Breakfast.

This morning, your driver will pick you up from your hotel to take you to the market. The Balinese couple who will teach the cooking class will join you and will **introduce you to the local specialities** and the different fruits and vegetables. Then take a short walk in the rice fields of Bali. The couple will explain how to prick the rice and how they keep it according to the Balinese regions.

Then join your new kitchen, in the middle of the rice fields. Enjoy a small welcome tea, then get to work! You will learn to cook Balinese from starter to dessert. Balinese cuisine will no longer have secrets for you! Once the course is over, enjoy your dishes. You will leave with your recipe book. Back to your hotel.

- Accommodation: Desa Saya Eco Luxury Resort & Spa
- Step: Tejakula

Day 3

BANJAR THERMAL SPRING AND BUDDHIST MONASTERY

Breakfast.

Our first destination is the **hot spring of Banjar**. This site is located in the middle of the jungle in a beautiful tropical garden. It includes three public and one private pools. The hot spring of Banjar is one of the most popular places of interest in Bali located in the countryside of Banjar,

Lunch will be served in a **warung**. The warung it's a local restaurant. After lunch, we will visit the Buddhist monastery, This tourist site is the largest Buddhist temple in Bali. The Buddhist monastery is one of the most popular places of interest in Bali.

- Accommodation: Desa Saya Eco Luxury Resort & Spa
- Step: Tejakula



Day 4

NIDRA YOGA AND BUYAN LAKE

Breakfast.

In the morning you will start with a nesting **yoga session** in front of the rice fields. The Yoga Nidra involves putting everything into meditation so that our consciousness takes control of our body.

The mind is immersed in a kind of half-sleep and our body is totally under the influence of the mind. You will get to know your body better than anyone else and you will experience a non-negregable relaxation.

In the afternoon you will enjoy the Buyan lake. Two lakes in a plateau area surrounded by a green hill. After this getaway you will stop at a **painting museum** before returning to your accommodation.
Diner at your hotel.

- Accommodation: Desa Saya Eco Luxury Resort & Spa
- Step: Tejakula





DEPARTURE TO AMED

Last day in Tejakula.

You will have breakfast at the hotel then you will visit **Surya Indigo**. Located on the highway running along Bali's east coast,

Surya Indigo Cooperative is dedicated to the preservation of natural dyeing and traditional textiles of Northern Bali. On a visit, you can observe different stages of handmade textile production, such as ginning and spinning cotton and weaving on the traditional back strap loom. Surya Indigo wants to produce **natural and non-polluting dyes in order to respect our environment.**

You will then take the road to Amed

- Accommodation: Eco Tree House Amed
- Step: Amed

Day 6 Aquatic palace and meditation

Breakfast.

Your driver will pick you up early to show you around the **Tirta Gangga Palace**. Tirta Gangga, is an ancient royal palace, which today represents an aquatic garden with fountains and large pools with carps. Lunch is served in a warung a few kilometres from the water garden.

In the afternoon a **atha yoga session** will be organized not far from the beach with Apneista Bali Freediving and Yoga School then you can enjoy the beach which is a few meters away.

- Accommodation: Eco Tree House Amed
- Step: Amed



Salt harvesting and relaxation

Day 7

Breakfast.

Specific and unique in Bali , On the beaches of the village of Amed some families of sinners harvest **salt from coconut trees** . It is the only place in Bali where salt is still harvested that way.You will have the chance to have all the explanations by a fisherman who will explain the harvest phases. Afterwards you can buy salt from the fishermen.

After this visit you will eat in a **local restaurant** near the beach.

Today you will enjoy a body massage, not just any massage... you will try **hot stone massage** at The Bamboo Sweet Spa. You can enjoy a full body massage using heated stones that come from local Amed.Before you start your massage to do a foot wash then your stone massage that will last an hour and a half and will end with a ginger tea.

- Accommodation: Eco Tree House Amed
- Step: Amed

Day 8

DEPARTURE TO UBUD

The morning you will take your breakfast at the hotel and enjoy your last moments in Amed while walking around

In the afternoon you will take the road towards Ubud

- Accommodation: Sandat Glamping Tents
- Step: Ubud

Day 9

SACRED SOURCE AND CREATION OF TRADITIONAL CARE

Breakfast.

In the early morning we will visit the temple of Tirta Empul and its sacred source, a high place of pilgrimage for the Hindu Balinese. This site is located in a green nature. Balinese people come to this temple to perform their purification rituals in this sacred water. We will have an opportunity for those who wish to participate in a purification ceremony.

In the afternoon, an original creation workshop awaits us to make a scrub and a 100% natural body oil. These are traditional Balinese treatments (jamu) used in families from generation to generation, based on natural ingredients: corn, aloe vera, ginger... You will experience a unique **moment of well-being** to learn alongside the Balinese and inspire you with their know-how.



- Accommodation: Sandat Glamping Tents
- Step: Ubud

COFFEE PLANTATION AND REFLEXOLOGY

Breakfast.

Your driver will pick you up to discover the coffee and tea plantation.

The tour will be animated by a guide to show you their plantation, Their **different type of coffee and tea**. You will have the opportunity to see the famous Luwak, which participates in the creation of the Kopi Luwak coffee. After this visit you can taste free different types of tea and coffee produced at the plantation. The visit will end with a visit to the plantation shop.

After lunch in a local restaurant on the island, you will go to a spa to enjoy a one and a half hour foot massage session. In Bali, the **traditional foot massage** is particularly popular, it makes it possible to loosen the tensions of the body and heal the various ailments... Enjoy this moment!



DAY 11

BALINESE CULTURE

Breakfast.

This morning start your day with a Yoga session! (Session of about 1:30). You will be introduced to Yoga Asanas. The session includes meditation, breathing exercises and a relaxation session.

After having lunch in a local restaurant, you will discover the rice terraces. Then learn to make Balinese offerings. Offerings are an integral part of Balinese life. After two hours, you will know how to create them and their meanings. You will do it from banana leaves, coconuts and beautiful flowers. Dinner with locals after making offerings.

- Accommodation: Sandat Glamping Tents
- Step: Ubud



RELAXING DAY

Breakfast

For the penultimate day you will enjoy to **relax** and **enjoy various treatments** in a spa.

On the program, face care, body massage followed by a body scrub. To finish this beauty treatment a ginger tea will be offered. Your driver will pick you up to take you back to your hotel.

You will dine at the restaurant of your accommodation



- Accommodation: Sandat Glamping Tents
- Step: Ubud



END OF YOUR BALINESE ADVENTURE

Breakfast.

Enjoy your last moments on the island, Make your last shopping souvenirs! You will take your last lunch in a beautiful restaurant.

Transfer to Denpasar Airport for your return flight.

OUR VALUES

Authenticity:

In our opinion, authentic travel is a journey where we go to meet others. That is why we prefer meetings, moments of sharing and cultural exchange with the locals. In addition, the accommodation offered during your stay is all eco-responsible accommodation in order to promote respect for the environment.

Zero carbon:

We also engage internally by offsetting our own carbon footprint. Together we can participate in sustainable development for the good of our planet. We calculate and offset the carbon footprint of our travellers as well as our own. Together we can participate in sustainable development for the good of our planet.

Fair tourism:

Tchè Coco is always committed to responsible, fair and therefore sustainable tourism. For us, the well-being of the local population and the building of their future is a priority. We participate in the local economy by designing trips with locals and participate in job creation! We work with local guides and drivers, without intermediaries, and as a result, the amount of money received by the populations is more substantial.



Travel Operators for Tigers

Tchè Coco is a member of Travel Operators for Tigers. This association seeks to defend local communities and to **preserve fauna and flora** in rural areas in the face of the risks that the development of tourism may entail.

Sustainable Tourism Stakeholder

This association supports tourism professionals committed to **sustainable development**. Its goal is to federate, network sustainable tourism professionals and train and inform on the main topics of sustainable development.

ANAK

Tchè Coco supports the ANAK association, whose goal is to provide concrete and lasting assistance to children in Indonesia and especially in Bali. The very dynamic ANAK Bali association aims to sponsor disadvantaged children from remote villages on the island of Bali to **help them attend school**. She meets families and accompanies more than 250 children in their studies, from primary to university.

Friends of National Parks Foundation

Tchè Coco is committed to a **reforestation program** in partnership with the Friends of National Parks Foundation (FNPF), an Indonesian non-profit conservation organization that works to protect wildlife and its habitat, at the same time as it supports local communities.



PRICES AND CONDITIONS



DURATION

2090€

per person

BALI 13 days:

Transport:

Logement:

Activités:

PAYMENT OPTION:

Credit card

Cheque

Payment in 10 times without costs
accepted Payment of a 30% deposit

TIPS:

As a guide, we recommend giving between 3 and 5 USD
for the guide and driver per working day.

THE PRICE INCLUDES:

- International flights
- Accommodation
- The transfers
- Breakfasts at hotels
- Lunches mentioned in the program and a metal canteen
- All transfers and internal transport by private car with driver and guide Airport transfers for arrival and departure at the same times for all participants
- Visits, activities and program entries
- Guide to the length of your stay Wellness activities by program
- All temple entrances, museums
- Remuneration for mandatory local guides on specific sites Organisation costs
- Roadbook
- Insurance
- Francophone local assistance 24/7

THE PRICE DOES NOT INCLUDE:

- The drinks
- Personal expenses such as minibar, telephone or dry cleaner Tips for guides and drivers
- Entries and visits not included in the programme
- The proposed optional activities
- Application fee of 15 €/person (mandatory)





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